



## 2011 SPMA Southwest Zone Open Water Championship

[www.SlamTheDam.com](http://www.SlamTheDam.com)

**October 1, 2011**

**8k • 2.4mi • 1.2mi**

**Open Water Swims at Lake Mead**



**USMS Sanction # OW331-202**

### LOCATION:

Lake Mead NRA, Boulder City Nevada.  
21 Miles south of Las Vegas NV.  
There is a \$5 fee to enter the park.

### COURSE

8K swimmers will start from the Sunset View/Scenic Overlook and return to Boulder Beach. 1.2 & 2.4 mile swimmers will start and finish at Boulder Beach.

### FEES:

8K-\$65, 2.4mi- \$55, 1.2mi-\$45 Grand Slam (8k + 1.2mi)- \$95, Super Slam (2.4 + 1.2)-\$85. Prices increase on August 1. There is 4.5 hour cut off for the 8k swimmers. Grand & Super Slam Swimmers must finish their event 15 minutes prior to the start of their second event. Course closes at 11 am for all swimmers. **ALL ENTRANTS MUST BE MEMBERS OF UNITED STATES MASTERS SWIMMING AND ENCLOSE A COPY OF THEIR 2011 MEMBERSHIP CARD WITH THEIR ENTRY FORM.**

Mail to: Swim Las Vegas,  
2605 Shakespeare Rd, Las Vegas NV 89108.

### WARNING

Participants should be adequately trained for competition. Previous experience is required for the 8k & Grand Slam. First timers, at any distance, are welcome to provide their own kayak escort.

### ATTIRE

The use of neoprene wetsuits or other non porous attire shall render a swimmer ineligible for awards. Only 2010 FINA approved suits will be allowed in the non-wetsuit division, no "tech" suits. No pull buoys, fins or snorkels will be permitted.

### DIVISIONS

Masters divisions 18-24, 25-29, 30-34 etc., male and female. 1.2 mile: Zone Championship AG 1-3.

### AWARDS

All entrants will receive an official race cap, official event shirt and finisher award. Special awards for fastest M/F in each distance and largest TEAM registered.

### PARKING

8K swimmers must drop their kayaks at Sunset View and park at Boulder Beach. A shuttle will be available from 5 am - 6 am. It is highly recommended swimmers carpool as parking is limited. 2.4 & 1.2 mile swimmers park at Boulder Beach Special Events Beach.

### POST SWIM

SLV will provide post race recovery refreshments for all participants.

### SAFETY

Each swimmer must wear the provided swim cap during the swim. PFD's and brightly colored flags are required in each kayak boat.

### KAYAKERS/VOLUNTEERS

8k and swimmers under 18 must provide their own kayak escort. If you would like to volunteer for this event, we will provide a free shirt and complimentary refreshments. Please contact Kara [swimlasvegas@gmail.com](mailto:swimlasvegas@gmail.com) or 702-498-2316

### REFUNDS

50% refund will be given for cancellations received in writing before July 1. In the event of cancellation due to in-climate weather (high winds/lightening) no refunds will be given.

**This swim is hosted by Swim Las Vegas • USMS • [www.swimlv.com](http://www.swimlv.com)**



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SAVE \$10 off mail in registrations received by Sept. 15 or \$5 off online registrations via active.com code:SLV0511

Distance	Start Time	by Aug 1	by Sept 25	Max Swim Time	Finish By
8K	7:00 am	\$65	\$75	4.5 Hours	11:30 am
2.4 Mile	8:00 am	\$55	\$65	3.5 Hours	11:30 am
1.2 Mile	10:00 am	\$45	\$55	1.5 Hours	11:30 am
*Grand Slam (8K+ 1.2Mi)	*must finish 8k within 15 minutes of 1.2 start	\$95	\$105	(1:52/100) 2h 45m 1h 30m	11:30 am
*Super Slam (2.4Mi + 1.2Mi)	*must finish 2.4 within 15 minutes of 1.2 start	\$85	\$95	(2:29/100) 1h 45m 1h 30m	11:30 am

**GRAND SLAM CHECK-IN**

**Check-In at Sunset View**

5:00 am Check-in opens  
6:45 am Safety Meeting  
7:00 am Grand Slam Race  
begins with 8k Swimmers.

After arriving at Boulder Beach,  
swimmers completing the 8k  
course must check in with the  
timers to continue on with the  
2.4 mile event.



**SUPER SLAM CHECK-IN**

**Check-In at Boulder Beach**

6:30 am: Check-in opens  
7:45 am: Safety Meeting  
8:00 am 2.4 mile race begins.

After completing the 2.4 mile  
event, swimmers must check in  
with the timers to continue on  
with the 1.2 mile event.

**8k SWIMMERS**

**Check-In at Sunset View**

5:00 am Check-in opens  
6:45 am Safety Meeting  
7:00 am 8k Race begins.

**1.2 mi SWIMMERS**

**Check-In at Boulder Beach**

8:00 am check in for 1.2  
9:45 am Safety Meeting  
10:00 am 1.2 mile race begins.

**2.4 mi SWIMMERS**

**Check-In at Boulder Beach**

6:30 am: Check-in opens  
7:45 am: Safety Meeting  
8:00 am 2.4 mile race begins.

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Include a copy of your 2011 USMS Card,  
signed liability release and make checks payable to:  
Swim Las Vegas  
2605 Shakespeare Rd  
Las Vegas, NV 89108

To register online: [www.active.com](http://www.active.com) or [www.slamthedam.com](http://www.slamthedam.com)

Name:		Age:	Gender: M/F	
Address:		City:	State:	Zip:
Email:		Phone:		
Please enter your membership # or circle <b>RACE DAY</b> if you plan to pay 1 day coverage fee. of \$10 the morning of the event.		USMS# _____	_____	<b>RACE DAY</b>
		USAT# _____	_____	
Distance(circle):	8k	2.4Mi	1.2Mi	Grand Slam
				Super Slam Take \$10 off mail in or \$5 of online code: SLAM05
Category: (circle) Wetsuit		Estimated Finish Time:		
Non-Wetsuit				
Heath Concerns:				
Open Water Experience:				
T-Shirt Size:	S	M	L	XL
				XXL
Kayaker Name:		Email:	Phone:	
Emergency Contact:		Phone:		
TEAM NAME:		Team Contact Person:		

\*\*\*\*\*A signature and date are required\*\*\*\*\*

PLEASE READ CAREFULLY BEFORE SIGNING ACKNOWLEDGMENT, WAIVER and RELEASE FROM LIABILITY (AWRL)

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVE INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."

Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks.

PRINTED NAME \_\_\_\_\_ Age \_\_\_\_\_

SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_

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